

Clothes		Toiletries		Other	
Anorak	1	Comb	1	Address Book	0
Belt	0	Flannel	2	Air ticket	0
Boots	1	Floss	1	Batteries rechargeable	0
Fleece	1	Handcream	2	Batteries recharger	0
Gloves	1	Lip suncream	0	Binoculars	0
Handkerchiefs	8	Lipsalve	1	Boot Cleaning	1
Sandals	1	Mosquito Repellent	0	Camera	1
Scarf	1	Nailfile	0	Camera Battery	1
Shirts	7	Razor	2	Camera digital	1
Shoes	1	Razor Charger	0	Camera large	0
Shorts	0	Shampoo	2	Camera memory card	0
Slippers	0	Shaving Cream	0	Camera small	1
Socks	6	Soap	2	Cash	Euros
Sweater	1	Suncream	1	Cash bags	0
T shirts	0	Talc	1	Chain / lock	0
Thick socks	1	Toothbrush	1	Chocolates	0
Tie	1	Toothpaste	1	Compass	0
Towel	0			Credit (etc) cards	1
Tracksuit bottoms	0			Denplan Details	0
Trainers	0			Diary	0
Trouser (padded)	1	Alvoclar	0	Dictionary	1
Trousers	1	Antibiotics	0	E111	1
Underpants	6	Antihistamine cream	1	Earphones	1
Vests	6	Antiseptic Cream	1	Earplugs	1
Waterproof Jacket	0	Cold remedy	0	Electric Insect repellent + tablets	0
Waterproof Overtrousers	0	Diofreeze	0	Eyeshades	0
Wool Hat	1	Imodium	0	Film	0
		Insect Repellent	0	Filters	0
		Malaria Tablets	0		
		Mouth Gel	0	Gadget Bag	0
		Painkillers	1	Glue	0
		Paludrine	0	Glasses Case	0
		Plasters	1		
		Throat pastilles	1	Ipad	1
		Naproxen	1	Guide Books	0
				Head Torch	0
				Highlighter	0
				Hotel Vouchers	2
				Insurance	1
		Rail Tickets	1	India - Post cards	1
		Safety Pins	1	Ipod	1
		Scrabble	0	Ipod/ipad Charger	1
		(sheet) Sleeping Bag	0	Maps	2
		Small Plastic Bags	0	Money Belt	0
		Small Rucksack	1	Mosquito Net	0
		Spare Photos	0	Mug	0
		Spoon	0	Mug (Insulated)	0
		Sunglasses	1	Notebook	0
		Sunhat	0	Passport	1
		Swimming Trunks	0	Passport Photocopy	0
		Taxi Phone Number	0	Pen	2
		Thermometer	1	PDA, Cable	0
		Timetables	1	Pencil	2
		Tissues	1	Penknife	1
		Toilet Paper	0	Phone	1
		Torch	0		
		Travellers' Cheques	0	Phone Charger	1
		Tripod	0	Change for phone	0
		Umbrella	0	Phone Card	0
Chocolates	0	Universal Sink Plug	1	Photocopies of Street Plans	0
Coffee	0	Visa Photocopy	0	Phrase Book	0

Check List

Abel and Cole	1				
Credit Card - details phone	1				
08000 688638	1				
Debit Card - details phone	1				
08459262626 (6261)	1				
Nationwide CC 08457302010	1				
Audrey	1				
Heating timer	1	Rail Tickets	1		
Lavatory		Safety Pins	1	India - Post cards	1
Manhole cover		Scrabble	0	Ipod	1
Milkman	1	(sheet) Sleeping Bag	0	Ipod/ipad Charger	1
Modem Unplug		Small Plastic Bags	0	Maps	2
Radio / Video timer	0	Small Rucksack	1	Money Belt	0
Stop Cock	0	Spare Photos	0	Mosquito Net	0
Taxi	1	Spoon	0	Mug	0
Tesco	0	Sunglasses	1	Mug (Insulated)	0
Thermostat	1	Sunhat	0	Notebook	0
Timeswitch	1	Swimming Trunks	0	Passport	1
Water Plants	1	Taxi Phone Number	0	Passport Photocopy	0
Window Locks		Thermometer	1	Pen	2
N/W CC	1	Timetables	1	PDA, Cable	0
08457998899		Tissues	1	Pencil	2
		Toilet Paper	0	Penknife	1
		Torch	0	Phone	1
		Travellers' Cheques	0		
		Tripod	0	Phone Charger	1
		Umbrella	0	Change for phone	0
Chocolates	0	Universal Sink Plug	1	Phone Card	0
Coffee	0	Visa Photocopy	0	Photocopies of Street Plans	0
				Phrase Book	0

Food/Drink

Drinking Chocolate	0	Walking Stick	0	PINs	0
Snacks	0	Wallet	1	Playing Cards	0
Sweets	0	Washing Powder, cream	0	Pyjamas	0
Tea Bags	0	Watch	1	Plug Adaptor	1
		Water bottles	0	Radio	0
		Whistle	0	Puzzles	1
				Rucksack Liner	0
				Rucksack outer	0